

# HKUST Sports Day cum Intramural Athletics Meet

瑞馬迎春



**Date: 14 Feb 2026**



**Time: 10:00 - 17:00**



**Venue: Fok Ying Tung  
Sports Center**



## Guests and Organizing Committee

### Officiating Officer (Opening Ceremony)

Miss Carmen TSUI  
Senior Manager (Sports), DSTO

### Guest of Honor (Closing Ceremony)

Prof. Pak Wo LEUNG  
Dean of Students

### Jury of Appeal

Miss Carmen TSUI, Senior Manager (Sports), DSTO (Chairperson)  
Miss Yuen Hung LO, Senior Manager (Sports), DSTO (Member)  
Miss Sum Yi WONG, Sports Association, HKUSTSU (Member)

### Organizing Committee

Event Advisor	Miss Yuen Hung LO Senior Manager (Sports), DSTO
Chairperson	Miss Sum Yi WONG (Sports Association, HKUSTSU)
Vice Chairperson	Mr. Siu Yau TENG (Track and Field Club, HKUSTSU)
Internal Secretary	Miss Cheuk Lam LAU (Track and Field Club, HKUSTSU)
Financial Secretary	Miss Wing Yi LAM (Sports Association, HKUSTSU)
General Secretary	Miss Sze Ting WONG (Sports Association, HKUSTSU)
General Secretary	Miss Pak Yiu CHEUNG (Sports Association, HKUSTSU)

### Officials and Judges

Chief Referee	Miss Carmen TSUI
Chief Announcer	Miss Echo CHENG
Chief Recorder	Miss Carmen TSUI
Recorder	Miss Catherine LO
Chief Marshal	Mr. Justin LI
Chief Starter	Mr. Edward AU-YEUNG
Chief Judge (Finishing)	Miss Yuen Hung LO
Chief Timekeeper	Mr. Derek CHAN
Chief Judge (Long Jump)	Mr. Andre NG
Chief Judge (Triple Jump)	Miss Morgan LEE
Chief Judge (High Jump)	Mr. Terry WU
Chief Social & Ceremony Official	Miss Catherine LO

## Students Officials

<b>Starter Assistant</b>	CHOW, Chun Hei	<b>Announcer</b>	LAM, Wing Yi
<b>Marshal Assistants</b>	SA, Hiu TSE, Hoi Ching Janice LEE, Chin Hung	<b>Finishing Judges</b>	WONG, Sum Yi GURUNG, Ayush WONG, Mora KANG, Ruimin Karaza CHEUNG, Pak Yiu AGARWAL, Vedaant YEUNG, Man Yan SUN, Haimeng LI, Lok Yiu WONG, Sze Ting TAM, Hoi Tung
<b>High Jump Judge</b>	SINGHAL, Shaurya	<b>Long Jump &amp; Triple Jump Judge</b>	YIN, Wing Kei
<b>Recorder</b>	TANG, Cheuk Wai		

**HKUST Sports Day cum Intramural Athletics Meet**  
**Rules and Regulations**

The 2025-26 HKUST Sports Day cum Intramural Athletics Meet will be conducted in accordance with the 2025-26 HKUST Intramural Sports Competitions General Rules and the Event Rules listed below.

**I. Event Information**

**Date:** 14 February 2026 (Saturday)

The notification of the decision of cancellation will be announced through email to the team representatives by the organizer by 08:00 on the competition day.

**Time:** 10:00 to 17:00

**Venue:** Fok Ying Tung Sports Center

**Event:**

<b>Event</b>	<b>Men</b>	<b>Women</b>
Long jump	*	*
High jump	*	*
Triple jump	*	
100m	*	*
100m hurdles		*
110m hurdles	*	
200m	*	*
400m	*	*
400m hurdles	*	
800m	*	*
1500m	*	*
5000m	*	*
Interdepartmental 4x100m Relay	*	*
Interdepartmental 4x400m Relay	Mixed (2 women and 2 men)	
Mass Games for Sports for ALL	N/A	
Inter-student group 10x200m Mass Relay	Mixed (3 women and 7 men)	

## II. Competition Rules

The competition rules 2025-2026 set by the World Athletics or the latest version will be adopted unless specified otherwise.

### 1. Entries

- 1.1 The Sports Secretary or the designated representative of the departmental team **MUST** submit the **E-form with society chop** of the completed Team Entry Forms in **excel format** (Appendix A1, A2) to [su\\_sports@connect.ust.hk](mailto:su_sports@connect.ust.hk) by email on or before **9am, 9 February 2026**. The finalized list of participants will be confirmed and sent out on **11 February 2026**.
- 1.2 Individual applications **MUST** submit the Entry Form via the online system on or before **9am, 9 February 2026**. The confirmation of participation will be sent out on **11 February 2026**.
- 1.3 All eligible participants may participate in a maximum of 3 individual events (2 tracks & 1 field).
- 1.4 Each departmental team can enter **ONLY 1** team in each relay event.
- 1.5 The 4x100m and 4x400m Relay Team Lists listing a maximum of 8 registered athletics meet participants **MUST** be submitted before 2:30pm on the event day.
- 1.6 Events with less than 3 entries will be cancelled. Participants who have their events cancelled may apply to join another event.
- 1.7 A straight final will be arranged when the number of entries is less than or equal to 8.
- 1.8 No heats will be arranged for 100mH, 110mH, 400mH, 800m, 1500m and 5000m events.
- 1.9 No walk-in application for individual events will be accepted.
- 1.10 The entries received will be verified and only errors in names and student numbers of participants caused by typos would be amended.
- 1.11 Late submission of entries and request for changes on team entry form will **NOT** be accepted after the deadline.
- 1.12 Students, alumni, staff and their family members are welcome to participate in the Mass Games for Sports for ALL. The participants must possess HKUST student/ Staff/ Alumni/ Family Cards.

### 2. Participant Reporting Procedures

- 2.1 All participants of the Track events must report to the Marshaling Area.
- 2.2 All participants of the Field events must report to the Field Event Judge at the competition venue.
- 2.3 Participants must present their HKUST Student ID cards in person when reporting to the marshal/field event judge. Participants who fail to present the above identity will not be permitted to join the competition.
- 2.4 For Mass Game, participants must present their HKUST Student/ Staff/ Alumni/ Family Cards in person when reporting to the marshal. Participants who fail to present the above identity will not be permitted to join the competition.
- 2.5 Participants who fail to report to the judges 2 minutes after the final call will be disqualified from the particular event.
- 2.6 If a participant takes part in two events (one track, one field) which happen to be carried out at the same time, he/she must inform the judge of the FIELD event and ask for permission to take part in the TRACK event first.
- 2.7 Track events participants who failed to participate in the qualified final event(s) are not permitted to take part in relay events.

### 3. Finalists

#### 3.1 Field Events

- 3.1.1 A straight final will take place when there are less than 8 participants in an event.
- 3.1.2 In straight finals of long jump and triple jump, participants will have a maximum of 6 trials.
- 3.1.3 In all field events except High Jump, only the best 12 participants in the first trial will be qualified to continue their competition in the heats. The 12 best participants in the first trial will be given another two trials in the heats.
- 3.1.4 The eight participants with the best valid performances in the heats will be qualified as finalists.

#### 3.2 Track Events

##### 3.2.1 100m, 200m and 400m Races

3.2.1.1 The eight participants with the best valid times in the heats will be qualified for the final. The allocation of lanes will be arranged as follows:

Lane	1	2	3	4	5	6	7	8
Position	8th	7th	3rd	1st	2nd	4th	5th	6th

- 3.2.1.2 In the case of more than one participant tying for the 8th position, the participant who finished in a higher position in the heat will be qualified for the final.
- 3.2.1.3 When more than one participant is still tying for the 8th position after considering all the above factors, the decision will be decided by lot drawing by the Chief Recorder.
- 3.2.1.4 If less than 8 participants report to the Marshal in the heats, straight finals will be held immediately.
- 3.2.2 100mH, 110mH, 400mH, 800m, 1500m and 5000m events will be straight final events and the final standings of the participants will be determined according to their time achieved.
- 3.2.3 When 16 or less participants report for the 800m event, one straight final will be held.
- 3.2.4 When 24 or less participants report for the 1500m event, one straight final will be held.
- 3.2.5 A combined 5000m event will be held when both male and female athletes will run in the same race. The final standings of the participants will be determined according to their time achieved in the Men's group and Women's group. Participants of the 5000m events should complete the event within the set time limit, i.e. 35 minutes and 40 minutes for male and female participants respectively.
- 3.2.6 There should be a total of 3 females and 7 males participating in the Inter-student group 10x200m Mass relay. For each additional male participant, an additional 5 seconds will be added to their overall time.

### 4. Scoring

#### 4.1 Participation Point

- 4.1.1 Only participants with valid student ID card will receive participation points in individual events.
- 4.1.2 One participation point will be awarded to a participant for each successful completion of a heat or straight final individual event. Participants who are unable to finish the event or disqualified, will NOT be awarded any participation point. For each event, a maximum of 7 participation points only will be counted.
- 4.1.3 No participation point will be awarded in all relay events.

#### 4.2 Position Point

**4.2.1** The best eight participants of each individual event will be awarded position points as follows:

Position	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Points	9	7	6	5	4	3	2	1

**4.2.2** In case of more than one participant tying for the same position, the mean of points concerned will be awarded to all participants concerned and the subsequent position(s) will be cancelled.

**4.2.3** Position point in inter-departmental relay is listed as follows:

Position	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
Points	18	14	12	10	8	6	4	2

### **4.3 New Record Point**

2 points and 4 points will be awarded respectively to those who set new record in an individual event and a relay event.

### **4.4 Men’s and Women’s Individual Championship**

**4.4.1** Participant(s) with the highest score from individual events in the Men’s and Women’s Group will be the respective Individual Champion.

**4.4.2** If more than one participant attained the highest score, the decision to determine the Individual Championship title will be in accordance with the following priorities:

4.4.2.1 the number of gold medals in individual events won;

4.4.2.2 the number of new records set;

4.4.2.3 the number of silver medals in individual events won;

4.4.2.4 the number of bronze medals in individual events won.

4.4.2.5 When more than one participant attained the highest score after considering all the above factors, the Individual Championship will be awarded to all of them.

### **4.5 Overall Championship**

**4.5.1** The departmental society/team with the highest total scores in the Men’s and Women’s Group will be the respective Overall Champion of the Men’s and Women’s Group.

**4.5.2** The total score of individual events (participation scores, position scores and setting new record scores) and the total position score of inter-departmental relay events will be counted towards the total score of the departmental society/team.

Total Score = Total score of individual events + Total position score of Inter-departmental relay events

## **5. Prizes**

### **5.1 Individual and Relay Events**

**5.1.1** Medals will be awarded to the three winners of each individual event.

**5.1.2** Medals will be awarded to the three winning teams of each relay event except the Mass Relay and Mass Game.

**5.1.3** For events having multiple prize-winners tied to the same position, medals will be presented after the Athletics Meet. The prize-winners concerned have the responsibility to collect their prizes from the Organizing Committee upon notice.

**5.1.4** Trophies will be awarded to the Individual Champion of the Men’s and Women’s groups.

### **5.2 Inter-Departmental Overall Championship**

**5.2.1** Trophies will be awarded to the Champion, 1st Runner-up and 2nd Runner-up of the Men’s and Women’s groups.

**5.2.2** Shield will be awarded to the Overall Champion.

**5.2.3** The winning departmental societies/teams have the responsibility to keep the intact prizes in good condition and to return them to the organizer upon request (usually 1 month after the competition). They would be required to pay the replacement fee arising

from damage or loss or delay in returning the prizes.

**5.2.4** Departmental Society/Team which failed to do so will mean the departmental society/team will NOT be awarded the position score of the Athletics Meet Event at the Intramural Overall Championship.

**5.3 Redemption of Prize**

The prize winners should receive their prizes in person after the announcement of their event results or during the prize presentation ceremony. Redemption of prizes after the Athletics Meet will not be arranged.

**6. Equipment**

**6.1** Competition equipment including starting blocks will be provided. Participants are not allowed to use personal competition equipment.

**6.2** Information on the specification of equipment:

<b>Events</b>	<b>Men</b>	<b>Women</b>
100m Hurdles	N/A	0.84m
110m Hurdles	1.067m	N/A
400m Hurdles	0.914m	--

**6.3** Only shoes with spikes less than 7 mm will be allowed on the running tracks and jumping area.

**6.4** Triple Jump participants can use either the 9m or the 11m take-off board. Once they have chosen the type of take-off board at the very beginning of the event, they cannot change throughout the event.

**7. Dress**

**7.1** Participants must wear sportswear and sports shoes.

**7.2** Participants must also wear the number cloth provided by the Organizer and the number cloth must be worn visibly on the chest (except High Jump participants who may wear it on the back).

**8. Appeals**

**8.1** All appeals must be made in writing to the Organizer via the Chief Recorder within 15 minutes after the announcement of results.

**8.2** Appeal forms are available at the Official Stand.

**8.3** HKD500 must be submitted together with the completed appeal form. The amount will be refunded if the appeal is successful.

**8.4** The decision of the Jury of Appeal is final.

**9. Others**

**9.1** Participants for the 100m, 100mH, 110mH, 200m, 400m and 400mH races may choose NOT to use a starting block but have to use a crouch start.

**9.2** The starting height for the Men’s High Jump is 1.30m and the bar will be raised at 0.05m intervals until 1.70m and at 0.03m intervals thereafter.

**9.3** The starting height for Women’s High Jump is 1.10m and the bar will be raised at 0.05m intervals until 1.40m and at 0.03m intervals thereafter.

**10. The Organizer reserves the right to make changes as deemed necessary without prior notice.**

## HKUST Sports Day cum Intramural Athletics Meet Event Schedule

**Date:** Saturday, 14 February 2026

**Venue:** FYT Sports Center, HKUST

Event No.	Marshal Time	Competition Time	Men		Women		Heat/Final
			Track	Field	Track	Field	
		10:55	Opening Ceremony				
1	10:45	11:00		Long Jump			Final
2	11:45	12:00				Long Jump	Final
3	11:45	12:00		High Jump			Final
4	12:15	12:30	100m				Heat
5	12:20	12:35		Triple Jump			Final
6	12:25	12:40	400m				Heat
7	12:35	12:50	1500m				Final
8					1500m		Final
9	12:50	13:05	200m				Heat
10	13:00	13:15			800m		Final
11	13:10	13:25	800m				Final
12	13:20	13:35			100m		Final
13	13:25	13:40	100m				Final
14	13:35	13:50			400m		Final
15	13:40	13:55	400m				Final
16	13:50	14:05	5000m				Final
17	14:30	14:45			200m		Final
18	14:35	14:50	200m				Final
19	14:40	14:55	Mixed Interdepartmental 4x400m Relay				Final
20	14:50	15:05	Run for Friendship 4x100m Relay				Final
21	14:55	15:10	Interdepartmental 4x100m Relay				Final
22	15:00	15:15	10x200m Mass Relay				Final
23	15:15	15:30	Mass Games for Sports for ALL				Final
		16:30	Prize Presentation and Closing Ceremony				

## List of Participants

### Event 1 11:00 Long Jump (Men) – Final (15 participants)

	Name	Unit	No.		Name	Unit	No.
1	QIU, Yican	CBE	021	9	CHAN, Pok Him	AIS	012
2	HUANG, Chung Kan	CIVL	048	10	LEONG, Ka Chung	CIVL	053
3	BALLWEG, Jonas	CSE	084	11	LO, Tin Yiu	CIVL	055
4	MONG, Ka Lok	CSE	088	12	WONG, Po Yi	CIVL	059
5	NG, Gabriel Pak Him	DHSS	102	13	CHENG, Chung Yan Enders	CSE	082
6	WONG, Ho Hin	ECON	112	14	TAN, Kwan Ho	MGMT	192
7	LEUNG, Ming Kwan	LIFS	152	15	MANNERKORPI, Alexander Henrik	MGMT	193
8	CHAN, Ting Kit	ACCT	001				

### Event 2 12:00 Long Jump (Women) – Final (5 participants)

	Name	Unit	No.		Name	Unit	No.
1	MA, Yue	AIS	514	4	YE, Tsz Yin	ISOM	643
2	LAU, Cheuk Lam	CBE	521	5	CHEUNG, Kwan Ling	LIFS	655
3	ZHAO, Enqi	CPEG	571				

### Event: 3 12:00 High Jump (Men) – Final (6 participants)

	Name	Unit	No.		Name	Unit	No.
1	BORSTROK, Tom Cheuk Kin	AIS	011	4	DING, Minjie	MAE	161
2	CHING, Yiu Long	CIVL	045	5	LIU, Yubo	MATH	183
3	LO, Tin Yiu	CIVL	055	6	DENG, Yuxuan	PHYS	211

**Event 4 12:30 100m (Men) – Heat (22 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	BORSTROK, Tom Cheuk Kin	AIS	011	<b>12</b>	NG, Yuen Wa	CIVL	056
<b>2</b>	QIU, Yican	CBE	021	<b>13</b>	CHENG, Chung Yan Enders	CSE	082
<b>3</b>	MONG, Ka Lok	CSE	088	<b>14</b>	KANNANAICAL MARTIN, Dawn	CSE	083
<b>4</b>	NG, Gabriel Pak Him	DHSS	102	<b>15</b>	HUANG, Jindian	DHSS	101
<b>5</b>	WONG, Ho Hin	ECON	112	<b>16</b>	HUI, Cheuk Fung	FINA	123
<b>6</b>	LEUNG, Ming Kwan	LIFS	152	<b>17</b>	KWOK, Pak Yin	LIFS	155
<b>7</b>	CHAN, Pok Him	AIS	012	<b>18</b>	DING, Minjie	MAE	161
<b>8</b>	MA, Shek Chung	AIS	014	<b>19</b>	KE, Hoi Yiu Ivan	MAE	163
<b>9</b>	CHAN, Shing Mo	CIVL	043	<b>20</b>	PANG, Hin Lam Matthew	MARK	171
<b>10</b>	HO, Hinci	CIVL	046	<b>21</b>	NG, Cheuk Yin Andre	MGMT	191
<b>11</b>	HO, Yin Fung	CIVL	047	<b>22</b>	TAN, Kwan Ho	MGMT	192

**Event 5 12:35 Triple Jump (Men) – Final (4 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	CHAN, Pok Him	AIS	012	<b>3</b>	CHUNG, Kwun Hei Ryan	ISOM	141
<b>2</b>	NG, Yuen Wa	CIVL	056	<b>4</b>	TAN, Kwan Ho	MGMT	192

**Event 6 12:40 400m (Men) – Heat (13 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	BOO, Pok Hong	ECON	111	<b>8</b>	KE, Hoi Yiu Ivan	MAE	163
<b>2</b>	DONG, Molin	MAE	162	<b>9</b>	WANG, Ziyi	MAE	167
<b>3</b>	CHENG, Chung Yan Enders	CSE	082	<b>10</b>	LIU, Yubo	MATH	183
<b>4</b>	LAI, Chun Ngai	CSE	085	<b>11</b>	WU, Fujun	MATH	185
<b>5</b>	LIN, Baixi	CSE	087	<b>12</b>	CHEUNG, Yu Hei	OCES	201
<b>6</b>	TO, Pak Ho	CSE	090	<b>13</b>	LEE, Cheuk Yin	PHYS	212
<b>7</b>	DING, Minjie	ECON	161				

**Event 7 12:50 1500m (Men) – Final (17 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	BIJU NARAYANAN, Karan	AIS	013	<b>10</b>	WANG, Boyan	FINA	121
<b>2</b>	CHAN, Cheuk Hei	CIVL	041	<b>11</b>	LEUNG, Hoi Wang	ISOM	143
<b>3</b>	CHAN, Chun Hei	CIVL	042	<b>12</b>	NG, Cho Shan	LIFS	153
<b>4</b>	LEE, Chin Hung	CIVL	051	<b>13</b>	NG, Tse Lok	LIFS	154
<b>5</b>	LEE, Huen Yan	CIVL	052	<b>14</b>	CHAN, Yau Chun	MATH	181
<b>6</b>	LIU, Sung Him Joseph	CIVL	054	<b>15</b>	NG, Yik Sau	MATH	184
<b>7</b>	TSUI, Cho Chung	CIVL	058	<b>16</b>	ZHANG, Jason Zhishen	MATH	186
<b>8</b>	WONG, Tzing Hei	CIVL	060	<b>17</b>	DENG, Yuxuan	PHYS	211
<b>9</b>	LAM, Kwan Yui	CSE	086				

**Event 8 12:50 1500m (Women) – Final (3 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	ZHU, Yitian	AIS	513	<b>3</b>	CHEUNG, Ka Yi Kylie	ECON	612
<b>2</b>	TSANG, Sin Nga Agnes	DHSS	603				

**Event 9 12:50 200m (Men) – Heat (11 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	BORSTROK, Tom Cheuk Kin	AIS	011	<b>7</b>	BOO, Pok Hong	ECON	111
<b>2</b>	QIU, Yican	CBE	021	<b>8</b>	WONG, Ho Hin	ECON	112
<b>3</b>	HUANG, Chung Kan	CIVL	048	<b>9</b>	CHUNG, Kwun Hei Ryan	ISOM	141
<b>4</b>	BALLWEG, Jonas	CSE	084	<b>10</b>	LEUNG, Ming Kwan	LIFS	152
<b>5</b>	MONG, Ka Lok	CSE	088	<b>11</b>	DONG, Molin	MAE	162
<b>6</b>	NG, Gabriel Pak Him	DHSS	102				

**Event 10 13:15 800m (Women) – Final(6 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	ZHU, Yitian	AIS	513	<b>4</b>	YUEN, Wing Yin	LIFS	652
<b>2</b>	WU, Shin Yee Angela	AIS	512	<b>5</b>	WANG, Heqing	LIFS	653
<b>3</b>	MA, Yue	AIS	514	<b>6</b>	CHEN, Xiaoyun	MATH	681

**Event 11 13:25 800m (Men) – Final (14 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	CHUNG, Kwun Hei Ryan	ISOM	141	<b>8</b>	WU, Junhong	CIVL	061
<b>2</b>	BIJU NARAYANAN, Karan	AIS	013	<b>9</b>	LAM, Kwan Yui	CSE	086
<b>3</b>	MA, Shek Chung	AIS	014	<b>10</b>	LEUNG, Hoi Wang	ISOM	143
<b>4</b>	CHAN, Cheuk Hei	CIVL	041	<b>11</b>	TENG, Siu Yau	MAE	164
<b>5</b>	CHAN, Shing Mo	CIVL	043	<b>12</b>	NG, Yik Sau	MATH	184
<b>6</b>	LIU, Sung Him Joseph	CIVL	054	<b>13</b>	DENG, Yuxuan	PHYS	211
<b>7</b>	WONG, Po Yi	CIVL	059	<b>14</b>	LEE, Cheuk Yin	PHYS	212

**Event 12 13:35 100m (Women) – Final (6 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	CHEUNG, Kwan Ling	LIFS	655	<b>4</b>	ZHANG, Jiaqian	FINA	622
<b>2</b>	CHAN, Yui Ki	AIS	511	<b>5</b>	TSOI, Sing Yi	ISOM	642

**Event 13 13:40 100m (Men) – Final**

**Event 14 13:50 400m (Women) – Final (5 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	LAU, Cheuk Lam	CBE	521	<b>4</b>	YE, Tsz Yin	ISOM	643
<b>2</b>	LAM, Laam Pui	ECON	611	<b>5</b>	CHEN, Xiaoyun	MATH	681
<b>3</b>	SA, Hiu	FINA	621				

**Event 15 13:55 400m (Men) – Final**

**Event 16 14:05 5000m (Men) – Final (17 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	BALLWEG, Jonas	CSE	084	<b>10</b>	CHEN, Tsz Hei	IEDA	132
<b>2</b>	CHAN, Chun Hei	CIVL	042	<b>11</b>	HONG, Zhen Yi	ISOM	142
<b>3</b>	CHANG, Chun To	CIVL	044	<b>12</b>	HUI, Kei Meng	LIFS	151
<b>4</b>	LAU, Chun Ming	CIVL	049	<b>13</b>	NG, Tse Lok	LIFS	154
<b>5</b>	LAU, Hui Ching	CIVL	050	<b>14</b>	WANG, Yu	MAE	166
<b>6</b>	WONG, Po Yi	CIVL	059	<b>15</b>	ZHANG, Jason Zhishen	MATH	186
<b>7</b>	WU, Junhong	CIVL	061	<b>16</b>	YANG, Guangyu	PHYS	213
<b>8</b>	HARRIS, Miles Edwin	FINA	122	<b>17</b>	XIN, Zehui	PHYS	214
<b>9</b>	CAI, Silin	IEDA	131				

**Event 17 14:45 200m (Women) – Final (6 participants)**

	Name	Unit	No.		Name	Unit	No.
<b>1</b>	WU, Shin Yee Angela	AIS	512	<b>4</b>	QI, Han	CHEM	532
<b>2</b>	MA, Yue	AIS	514	<b>5</b>	ZHAO, Enqi	CPEG	571
<b>3</b>	LAU, Cheuk Lam	CBE	521	<b>6</b>	YUEN, Wing Yin	LIFS	652

**Event 18 14:50 200m (Men) – Final**

**Event 19 14:55 Interdepartmental 4x400m Relay (Mixed) – Final (3 teams)**

	Team		Team
<b>1</b>	Team 1	<b>3</b>	Team 3
<b>2</b>	Team 2		

**Event 20 15:05 "Run 4 friendship" 4x100m Relay – Final**

	Team		Team
<b>1</b>	啊您說的都隊	<b>5</b>	WYHK
<b>2</b>	四條友一碌棍	<b>6</b>	TAPE
<b>3</b>	Brownies	<b>7</b>	Number 1

**Event 21 Interdepartmental 4x400m Relay– Final (5 teams)**

	Team		Team
<b>1</b>	MAE	<b>4</b>	MATH
<b>2</b>	ECON	<b>5</b>	CIVL
<b>3</b>	AIS	<b>6</b>	FINA

**HKUST Intramural Athletics Meet Records (Updated on 04/03/2025)**

**Men**

<b>Event</b>	<b>Record</b>	<b>Record Holder</b>	<b>Dept.</b>	<b>Year</b>
100m	10"85	PAT Kwok Wai	CHEM	1992/93
200m	21"87	PAT Kwok Wai	CHEM	1992/93
400m	51"88	CHOY Hui Fai Eric	CPEG	1996/97
800m	1'55"56	EMILSSON Erik Norman	MBA	2009/10
1500m	4'19"88	YEUNG, Jason Chun Ho	MAE	2024/25
5000m	16'39"69	YEUNG, Jason Chun Ho	MAE	2024/25
110m Hurdles	15"31	IP Ka Long	ECE	2015/16
400m Hurdles	1'01"81	KAM Man Chun Stephen	CENG	1997/98
Triple Jump	13.44m	CHOI Siu Leung	CIVL	2014/15
Long Jump	6.68m	CHAN Chun Hei	FINA	2019/20
High Jump	1.96m	LO Lok Tak	ECON	2012/13
Shot Put	10.87m	IP Chi Chuen	CIVL	2004/05
Discus	31.08m	CHU, Man Hei Benjamin	FINA	2018/19
Javelin	46.71m	HUI, Chak Hang	ACCT	2017/18
4 x 100m	46"08	Department of ECON		2016/17
4 x 400m	3'49"58	Department of CIVL		2018/19

**Women**

<b>Event</b>	<b>Record</b>	<b>Record Holder</b>	<b>Dept.</b>	<b>Year</b>
100m	13"40	KWOK Cheuk Wing	CIVL	2015/16
200m	27"49	LO, Wing Hung	CHEM	2018/19
400m	1'04"92	CHEUNG Hoi Wah Sarah	ACCT	2002/03
800m	2'31"73	CHEUNG Hoi Wah Sarah	MGTO	2000/01
1500m	5'34"50	WU Sin Hung	BICH	2013/14
5000m	21'42"42	LEUNG Ka Man	BICH	2015/16
100m Hurdles	17"68	KWOK Cheuk Wing	CIVL	2015/16
400m Hurdles	1'19"55	WONG Pui Sze Christina	BIOL	1997/98
Long Jump	4.78m	LAI Wing Yee Vivian	PHYS	2006/07
High Jump	1.46m	WONG Po Man	ECON	1995/96
Shot Put	8.58m	CHENG Chui Ying	CHEM	2018/19
Discus	27.28m	CHENG Chui Ying	CHEM	2017/18
Javelin	29.56m	NG Ka Lee	PHYS	2011/12
4 x 100m	57"69	Department of BIOL		2019/20
4 x 400m	4'55"88	Department of BICH		2015/16

**HKUST Track & Field Records (Updated on 8/3/2024)**

**Men**

<b>Event</b>	<b>Record</b>	<b>Record Holder</b>	<b>Dept.</b>	<b>Year</b>
100m	10"85	PAT Kwok Wai	CHEM	1992/93-UST AM
200m	21"87	PAT Kwok Wai	CHEM	1992/93-UST AM
400m	51"38	IP Wai Kei	BICH	1995/96-HKPSCAA
800m	1'55"56	EMILSSON Erik Norman	MBA	2009/10-UST AM
1500m	3'50"61	HORNYIK, Kristof	SSCI	2022/23-USFHK
5000m	15'26"46	HORNYIK, Kristof	SSCI	2022/23-USFHK
110m Hurdles	15"31	IP Ka Long	ECE	2013/14-HKAS 2015/16-UST AM
400m Hurdles	59"92	KWOK Lai Kei	CS	1993/94-HKPSCAA
Triple Jump	14.52m	JOHNSSON, Jimmie Linus	MECH	2009/10-USFHK
Long Jump	7.30m	CHAN Chun Hei	FINA	2020/21-USFHK
High Jump	1.96m	LO Lok Tak	ECON	2012/13-UST AM
Shot Put	10.97m	CHU Man Hei Benjamin	FINA	2020/21- USFHK
Discus	31.08m	CHU Man Hei Benjamin	FINA	2018/19-UST AM
Javelin	50.71m	NG Hon Ming	CPEG	2007/08-USFHK
Pole Vault	2.70m	LIU Wing Lok	ELEC	1998/99-HKPSCAA
4 x 100m	43"79	HKUST Athletics Team PAT Kwok Wai, LAI Wing Kwai, LEE Ka Wai, KWOK Lai Kei		1993/94-HKPSCAA
4 x 400m	3'35"07	HKUST Athletics Team CHOW Wing Hang, CHOY Hui Fai Eric, LAM Ka Man Alvin, TSAI Ka Man Kelvin		1996/97-National AM

**Abbreviations**

4U AM	Quadrangle Athletics Meet
HKAS	Hong Kong Athletics series
HKPSCAA	Hong Kong Post-Secondary Colleges Athletic Association Athletics Meet
National AM	The National University Track & Field Championship
ACUG	All China University Games
USFHK	USFHK Athletics Meet
UST AM	HKUST Annual Inter-Departmental Athletics Meet
Watsons	Watsons Water Athletic King Championships
Watsons (I)	Watsons International Athletic Challenge

## HKUST Track & Field Records (Updated on 10/3/2025)

### Women

Event	Record	Record Holder	Dept.	Year
100m	13"11	LAU, Cheuk Lam	SENG	2024/25-USFHK
200m	26"41	LAU, Cheuk Lam	SENG	2024/25-USFHK
400m	56"33	MA Ying Wen Ashleigh	SHSS	2024/25-USFHK
800m	2'27"32	CHEUNG Hoi Wah Sarah	ECON	2001/02-HKPSCAA
1500m	5'13"49	CHEUNG Hoi Wah Sarah	ECON	2002-Watsons
5000m	18'39"43	MARISSAL, Erine Lucie	DBM	2023/24-USFHK
100m Hurdles	17"68	KWOK Cheuk Wing	CIVL	2015/16-UST AM
400m Hurdles	1'02"54	MA Ying Wen Ashleigh	SHSS	2024/25-Watsons
3000m Walk	26'52"55	ZHANG Xiao Liu	MATH	1999-Watsons
Long Jump	4.78m	LAI Wing Yee Vivian	PHYS	2006/07-UST AM
High Jump	1.50m	WONG Po Man	ECON	1994/95-HKPSCAA
Shot Put	8.58m	CHENG Chui Ying	CHEM	2018/19-UST AM
Discus	27.28m	CHENG Chui Ying	CHEM	2017/18-UST AM
Javelin	29.56m	NG Ka Lee	PHYS	2011/12-4U AM
4 x 100m	54"30	HKUST Athletics Team: MA, Ying Wen Ashleigh WONG, Ki Ki CHIU, Tin Wai LAU, Wing Yi		2024/25-USFHK
4 x 400m	4'34"26	HKUST Athletics Team: SZE-TO Hiu Tung, LO Wing Hung, HAFTECK Claire, WONG Hiu Nam		2018/19-USFHK

#### Abbreviations

4U AM	Quadrangle Athletics Meet
HKPSCAA	Hong Kong Post-Secondary Colleges Athletic Association Athletics Meet
National AM	The National University Track & Field Championship
ACUG	All China University Games
UST AM	HKUST Annual Inter-Departmental Athletics Meet
USFHK	USFHK Athletics Meet
Watsons	Watsons Water Athletic King Championships
Watsons (I)	Watsons International Athletic Challenge

## Notes to Competitors (Individual Events)

1. Competitors MUST:
  - a) Collect the athlete bibs provided by the organizer at registration counter at FYT Sports Center by presenting HKUST student / staff/ alumni/ family card.
  - b) Report to Marshal for Track events; report to Field Judge for field events. Report to the Marshal/ Field Event Judge within TWO minutes after the final call of the event. Competitors who fail to report within TWO minutes after the final call may be disqualified.
  - c) Wear sportswear and the bibs visibly on the chest (High Jump athletes may wear it on the back) when reporting to the Marshal/ Field Judge. Failure to do so will mean they are NOT allowed to participate in the event.
  - d) Clear all their personal belongings and litters at the spectator stand before leaving the competition venues.
  - e) Observe safety while in the competition area, and leave the competition venues to return to the Spectator Stand after the event.
2. Competitors are advised to arrive ONE hour before the start of their event(s).
3. Prize winners should pay attention to the result announcement. Trophies and Medals will be presented or collected according to the following schedule:

Events	Schedule	Venue
Track Events and Field Events including Relay Events	10 minutes after result announcement	Prize Collection Desk at FOK Ying Tung Sports Centre
Individual & Overall Championships Men's and Women's Group	Closing Ceremony	FOK Ying Tung Sports Centre

4. Food and drinks are NOT allowed in the competition areas.
5. The Organizing Committee reserves the right to make changes as deemed necessary.

## Notes to Competitors (Relay Events)

6. Competitors MUST:
- f) Report to the Marshal located at the side of the finishing line within TWO minutes after the final call of the event. Competitors who fail to report within TWO minutes after the final call may be disqualified.
  - g) The relay form should be submitted to the official desk by 1:30pm on the event day.
  - h) All members of the relay teams are required to wear the same-colored clothing for the event. Members may request to put on number vests in case of need.
  - i) Return your check-out items such as relay baton, number vest etc. to designated storage boxes.
  - j) Observe safety while in the competition area, and leave the competition venues to return to the Spectator Stand after the event.
7. Competitors are advised to arrive ONE hour before the start of their event(s).
8. Prize winners should pay attention to the result announcement. Trophies and Medals will be presented or collected according to the following schedule:

Events	Schedule	Venue
Track Events and Field Events including Relay Events	10 minutes after result announcement	Prize Collection Desk at FOK Ying Tung Sports Centre
Individual & Overall Championships Men's and Women's Group	Closing Ceremony	FOK Ying Tung Sports Centre

9. Food and drinks are NOT allowed in the competition areas.
10. The Organizing Committee reserves the right to make changes as deemed necessary.

## **Ceremony Rundown**

### **Opening Ceremony**

1. Welcome and Introduction of Officiating Party
2. Introduction of Guest of Honor
3. Oath taking by athlete representatives, witnessed by Guest of Honor
4. Declaration of the start of 2025-26 HKUST Sports Day cum Intramural Athletics Meet by Guest of Honor

### **Closing Ceremony**

1. Welcome and Introduction of Officiating Guests
2. Addresses by Guests of Honor
3. Presentation of Souvenir to Guests
4. Prize Presentation
  - a) Women's and Men's individual Champion
  - b) Women's Overall Group: Champion
  - c) Men's Overall Group: Champion
  - d) Overall Champion
  - e) Mass Relay
  - f) Mass Games
5. Vote of Thanks
6. Champion Run

## Competition Venue – Fok Ying Tung Sports Centre

