

HKUST Sports Day cum Intramural Athletics Meet
Tentative Event Schedule

Competition Venue: FYT Sports Center, HKUST

Event No.	Marshal Time	Competition Time	Men		Women		Heat/Final
			Track	Field	Track	Field	
		9:55	Opening Ceremony				
1	9:45	10:00		Long Jump			Final
2	9:45	10:00	400mH				Final
3	9:45	10:00				High Jump	Final
4	10:05	10:20			100m		Heat
5	10:15	10:30	100m				Heat
6	10:25	10:40			400m		Heat
7	10:30	10:45	400m				Heat
8	10:40	10:55			1500m		Final
9	10:50	11:05	1500m				Final
10	10:50	11:05		High Jump			Final
11	11:00	11:15			200m		Heat
12	11:10	11:25	200m				Heat
13	11:15	11:30				Long Jump	Final
			Lunch				
15	12:45	13:00		Triple Jump			Final
16	12:45	13:00			100mH		Final
17	12:50	13:05	110mH				Final
18	13:10	13:25			800m		Final
19	13:15	13:30	800m				Final
20	13:25	13:40			100m		Final
21	13:30	13:45	100m				Final
22	13:40	13:55			400m		Final
23	13:45	14:00	400m				Final
24	13:55	14:10	5000m		5000m		Final
25	14:40	14:55			200m		Final
26	14:45	15:00	200m				Final
27	14:55	15:10	Mixed Interdepartmental 4x400m Relay				Final
28	15:05	15:20	Interdepartmental 4x100m Relay				Final
29	15:10	15:25			Interdepartmental 4x100m Relay		Final
30	15:20	15:35	Open 10x200m Mass Relay & Mass Games for Sports for ALL				Final
		16:55	Prize Presentation and Closing Ceremony				